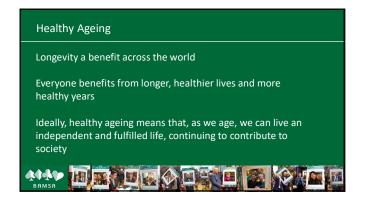


3A - Bridging Generations Welcome: Prof Alison Bowes (Dean of the Faculty of Social Sciences, University of Stirling)

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**Healthy Ageing** What makes a difference? Better physical health Better mental health Social engagement So how can Bridge help? Social engagement Keeping active Bringing people together

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