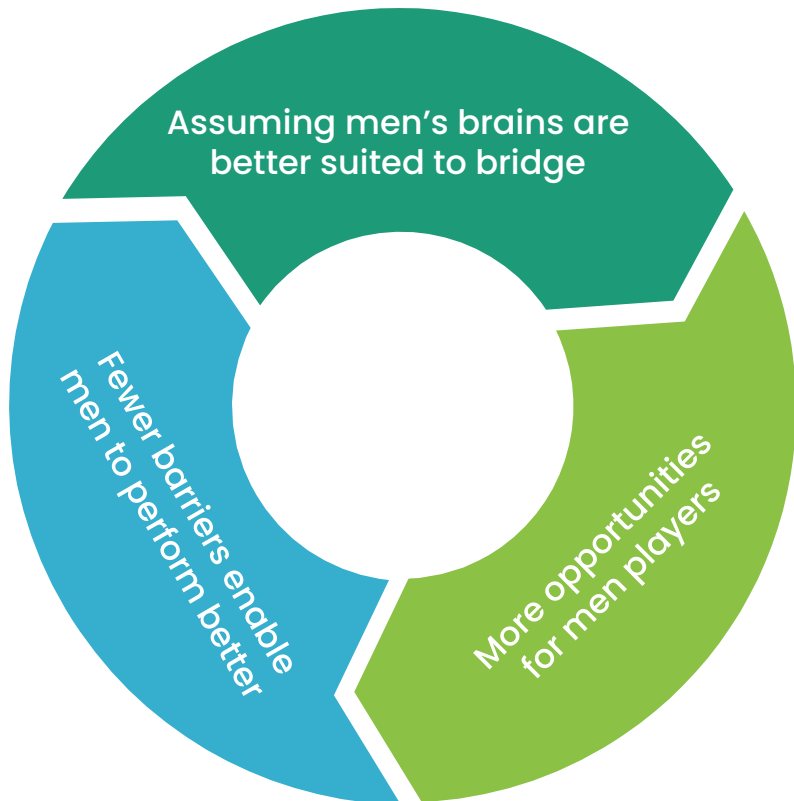


# Bridging Brains: Gendered Attitudes and Inequalities in a Mindsport

## Factors that Reproduce Gender Inequality



<https://bridgemindsport.org/home/resources>

## What is Neurosexism?

*It is the practice of claiming that there are fixed differences between female and male brains, which can explain women's inferiority or unsuitability for certain roles.*

(Rippon, 2016, p.1)

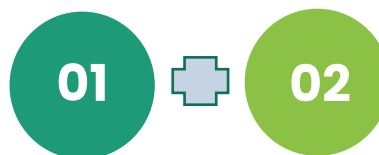
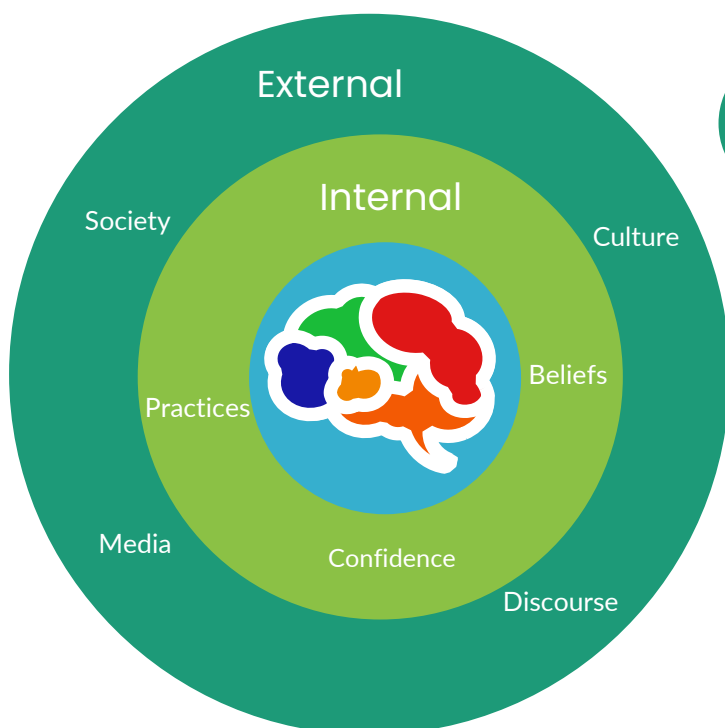


## Men's Dominance in Bridge

Men's dominance in elite mindsport can be explained through historic and structural opportunities that privilege men, rather than a result of gendered brain differences.

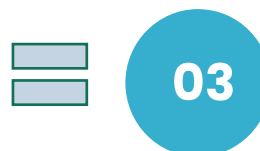
## 'Experience wires the brain': Lessons for bridge

Change in the wiring of the brain is possible as the brain is dynamic, constantly evolving and closely connected to cultural context



### External & Internal

Behaviours and beliefs are shaped by the social and cultural environment



### Neuroplasticity

Brains adapt and respond to how people are raised and treated in society

## Creating a more inclusive setting for bridge

- Avoid discriminatory language and practices based on outdated notions of fixed gendered brains
- Minimise social barriers that negatively impact participation
- Promote unconscious bias training for TDs, NPCs, coaches
- Implement the European Bridge League Gender Policy

