

Youth voices in bridge: International survey of young people who play the card game bridge

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Welcome!

We hope that you will join in on this international survey of young people's experiences of learning and playing bridge.

Our aim is to develop a comprehensive understanding of young players' experiences with bridge, including what attracts young people to bridge, what barriers prevent participation, and how we might improve bridge education for future learners.

We would like to hear from young people of all ages up to 31, and with varying levels of experience. We value the perspectives of those who have played just a little bit of bridge just as much as those who play regularly.

By taking part, you will directly contribute to the development of events, toolkits, resources, platforms and initiatives aimed at increasing young people's participation in bridge and mindsports and amplifying the youth voice in bridge.

As a "thank you" for taking the time to fill out our survey, we're running a prize draw of 2 x \$50 Amazon vouchers! At the end of the survey, you'll get the chance to enter your email for a chance to win.

About the survey

This survey is co-led by Prof Samantha Punch and Dr Marina Milosheva from Bridge: A MindSport for All at the University of Stirling. We anticipate that the survey will take you 10-15 minutes (approx.) to complete. If you have any questions about the survey, please contact us at bamsa@stir.ac.uk

Data Protection Privacy Notice

Taking part in this survey is completely voluntary and anonymous. We'll use the responses to identify general patterns and trends, such as percentages or averages. We may also include short quotations from your written answers in our reports and publications.

Your responses will be kept secure and confidential in accordance with data protection legislation (GDPR and DPA 2018) and with ethical guidance provided by the University of Stirling Ethics Committee.

Further information on the University's use of research participant information can be found [here](#).



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1. *Confirmation *

- ☐ I confirm that I have read and understood this information, and have had the opportunity to consider the information, ask questions, and have had these questions adequately answered
- ☐ I understand that my participation is voluntary and that I am free to withdraw without giving a reason.
- ☐ I understand that my data gathered in this study will be stored anonymously and securely. It will not be possible to identify me in any publications.

2. *Under-16s only: If you are under 16, please ask your parent/guardian for permission to take this survey and provide their email address below:

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By continuing to the next page, you confirm that you have read and understood the privacy notice and agree to take part in this survey.

Your Bridge Journey

3. How old are you? *

- ☐ Under 13
- ☐ 13-15
- ☐ 16-18
- ☐ 19-21
- ☐ 22-25
- ☐ 26-31
- ☐ 32+

4. What is your gender? *

- ☐ Male
- ☐ Female
- ☐ Non-binary
- ☐ Prefer not to say
- ☐ Other (please specify)

5. Where do you currently live? *

- ☐ Europe
- ☐ North America
- ☐ South America
- ☐ Asia
- ☐ Africa
- ☐ Oceania
- ☐ Middle East

6. Are you from one of the countries where bridge research is currently being conducted in schools?

- ☐ USA
- ☐ Norway
- ☐ Scotland

- ☐ England
- ☐ Other (please specify)

7. How long have you been playing bridge? *

- ☐ Less than 6 months
- ☐ 6 months - 1 year
- ☐ 1-2 years
- ☐ 2-3 years
- ☐ 3-9 years
- ☐ 10+ years

8. How would you describe your current bridge playing level? *

- ☐ Complete beginner
- ☐ Novice (know the basics)
- ☐ Intermediate (play regularly, understand strategies)
- ☐ Advanced (compete in tournaments)
- ☐ Expert (represent country internationally)

9. Where did you first learn to play bridge? (Select all that apply) *

- ☐ At school (during lessons in class)
- ☐ At school (after-school club)
- ☐ Local bridge club
- ☐ Online platform/app
- ☐ From family members
- ☐ From friends
- ☐ College or university bridge group or club
- ☐ Other (please specify)

10. How often do you currently play bridge? *

- ☐ Daily

- ☐ Several times per week
- ☐ Once per week
- ☐ A few times per month
- ☐ Occasionally/rarely
- ☐ Other (please specify)

11. How do you primarily learn and improve at bridge currently? (Select all that apply) *

- ☐ Face-to-face lessons with a teacher
- ☐ Playing with more experienced partners
- ☐ Online tutorials and videos
- ☐ Bridge books and written materials
- ☐ Mobile apps or computer programmes
- ☐ Tournament play and practice
- ☐ Peer learning with friends at similar level
- ☐ Other (please specify)

12. Where do you typically play bridge? (Select all that apply) *

- ☐ School bridge club
- ☐ Local bridge club
- ☐ Online platforms (BBO, RealBridge, etc.)
- ☐ At home with family/friends
- ☐ College or university bridge group or club
- ☐ Tournaments and competitions
- ☐ Other (please specify)

13. Besides bridge, which other activities or mindsports do you participate in regularly?
(Select all that apply) *

- ☐ Chess
- ☐ Other card games

- ☐ Board games
- ☐ Video/computer games
- ☐ Sports
- ☐ Music
- ☐ Academic clubs (e.g. Debating)
- ☐ Other (please specify)

Perceptions of Bridge

14. **What are your main reasons for playing bridge?** (Select all that apply) *

- ☐ Intellectual challenge and mental stimulation
- ☐ Meeting people/being part of a group
- ☐ Competition and tournaments
- ☐ Family tradition or family members play
- ☐ Helps with academic subjects (mathematics, logic)
- ☐ Personal achievement and skill development
- ☐ Fun and enjoyment
- ☐ Structured activity/good use of time
- ☐ University or career advantages
- ☐ Part of school activities/curriculum
- ☐ Friends encouraged me to play
- ☐ Non-screen activity
- ☐ Travel
- ☐ Other (please specify)

15. **What do you like most about bridge?**

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16. **To what extent do you agree with the following statements about bridge?** *

Bridge has improved my mathematical thinking

- ☐ Strongly agree
- ☐ Agree
- ☐ Neither agree nor disagree
- ☐ Disagree
- ☐ Strongly disagree

Bridge has enhanced my strategic planning abilities

- ☐ Strongly agree
- ☐ Agree

- ☐ Neither agree nor disagree
- ☐ Disagree
- ☐ Strongly disagree

Bridge has helped me develop better concentration

- ☐ Strongly agree
- ☐ Agree
- ☐ Neither agree nor disagree
- ☐ Disagree
- ☐ Strongly disagree

Bridge has improved my social skills

- ☐ Strongly agree
- ☐ Agree
- ☐ Neither agree nor disagree
- ☐ Disagree
- ☐ Strongly disagree

Bridge has improved my memory

- ☐ Strongly agree
- ☐ Agree
- ☐ Neither agree nor disagree
- ☐ Disagree
- ☐ Strongly disagree

Bridge has increased my confidence

- ☐ Strongly agree
- ☐ Agree
- ☐ Neither agree nor disagree
- ☐ Disagree
- ☐ Strongly disagree

Bridge provides valuable life skills

- ☐ Strongly agree
- ☐ Agree
- ☐ Neither agree nor disagree
- ☐ Disagree
- ☐ Strongly disagree

Bridge is an enjoyable use of my time

- ☐ Strongly agree
- ☐ Agree
- ☐ Neither agree nor disagree
- ☐ Disagree
- ☐ Strongly disagree

17. In what ways has bridge benefited you personally (e.g. academically/at work)?

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18. **Before you started playing bridge, what were your main concerns or hesitations about the game?** (Select all that apply) *

- ☐ Thought it would be too difficult to learn
- ☐ Seemed like an "old person's game"
- ☐ Didn't know anyone else who played
- ☐ Wasn't available at my school
- ☐ Seemed boring or slow
- ☐ Too time-consuming
- ☐ Preferred other activities
- ☐ Didn't understand what bridge was
- ☐ Prejudice concerning card games
- ☐ Worried about losing
- ☐ No concerns - I was immediately interested
- ☐ Other (please specify)

19. **What do you think are the MAIN reasons why more young people don't play bridge?** (Select all that apply) *

- ☐ Negative image/seen as outdated
- ☐ Lack of awareness about the game
- ☐ Too complex compared to other games
- ☐ No opportunities to learn at school

- ☐ Competition from video games and digital entertainment
- ☐ Not enough young people already playing
- ☐ Parents/teachers don't encourage it
- ☐ Takes too long to learn properly
- ☐ Not seen as "cool" or socially acceptable
- ☐ Lack of youth-friendly teaching methods
- ☐ Other (please specify)

20. How do most of your non-bridge-playing friends react when you tell them you play bridge?

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21. What misconceptions about bridge have you encountered amongst young people who don't play?

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22. What changes would you like to see in how bridge is perceived?

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Your Bridge Learning Experience

23. How would you rate the following aspects of your bridge education experience? *

Quality of teaching

- ☐ Excellent
- ☐ Good
- ☐ Average
- ☐ Fair
- ☐ Poor

Availability of learning resources

- ☐ Excellent
- ☐ Good
- ☐ Average
- ☐ Fair
- ☐ Poor

Opportunities to practice

- ☐ Excellent
- ☐ Good
- ☐ Average
- ☐ Fair
- ☐ Poor

Support from teachers/mentors

- ☐ Excellent
- ☐ Good
- ☐ Average
- ☐ Fair
- ☐ Poor

Engagement with other young players

- ☐ Excellent
- ☐ Good
- ☐ Average
- ☐ Fair

24. What aspects of learning bridge have you found most challenging?

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25. What has motivated you to continue learning and playing bridge?

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26. If you could change ONE thing about how bridge is taught to young people, what would it be and why?

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Encouraging Future Youth Participation

27. **What specific changes would make bridge more accessible and attractive to young people?** (Select all that apply) *

- ☐ Free introductory sessions at schools
- ☐ More modern teaching methods
- ☐ Youth-only clubs and events
- ☐ Shorter game formats for beginners
- ☐ Social activities beyond just playing
- ☐ Better online/digital resources
- ☐ Social media presence/online communities
- ☐ Integration with school curriculum
- ☐ University scholarships for bridge players
- ☐ Young bridge ambassadors/role models
- ☐ Celebrity or influencer endorsements
- ☐ Gamification elements (badges, levels, rewards)
- ☐ Integration with esports and gaming culture
- ☐ Regular competitive opportunities
- ☐ Prizes and recognition
- ☐ Clear progression pathways
- ☐ Other (please specify)

28. **What would make online bridge platforms more appealing to young people like yourself?**

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29. **If you could design the ideal bridge platform or app for your age group, what would it look like and what features would it have?**

30. How likely are you to continue playing bridge in the next 5 years? *

- ☐ Definitely will continue
- ☐ Probably will continue
- ☐ Unsure
- ☐ Probably will not continue
- ☐ Definitely will not continue

31. Would you recommend bridge to other young people? *

- ☐ Yes
- ☐ Maybe
- ☐ No

32. If you answered 'yes' or 'maybe' to Question 31, what would be your main selling points? If you answered 'no', why not?

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33. Would you actively help introduce bridge to your school or community if given support and resources? *

- ☐ Yes
- ☐ Maybe
- ☐ No

34. What support and resources would you need to help you start your own bridge club or community? *

- ☐ Training on how to teach bridge
- ☐ Ready-made lesson plans and teaching materials
- ☐ Sets of cards and bidding boxes
- ☐ Digital tools/apps for teaching

- ☐ Support from an experienced bridge teacher/mentor
- ☐ Help organising and promoting events
- ☐ Funding for equipment and prizes
- ☐ Official certification or recognition for teaching
- ☐ Online resources and videos to share
- ☐ Connection with other young bridge ambassadors
- ☐ Template presentations for schools/clubs
- ☐ Administrative support (booking rooms, permissions)
- ☐ Other (please specify)

35. (Optional) If you'd like to be entered in our prize draw (2 x \$50 Amazon vouchers), please enter your email address. This will only be used for the prize draw and will not be linked to your survey responses.

***Under-16s only: If you are under 16, please ask your parent/guardian for permission to take this survey and provide their email address below for the prize draw:**

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